

B-J's Family Favourite Recipes

Jackye's Meatless Tzimmes



This is also one of my mother's

Photo to
follow

Ingredients

2 (US) lb. carrots cut into inch (10 mm) slices.
2 (US) lb. sweet potatoes, peeled and diced in to
 $\frac{1}{2}$ inch (10 mm) chunks
12 dried prunes
 $\frac{1}{2}$ cup granulated sugar
 $\frac{1}{2}$ cup firmly packed brown sugar
1 tsp. salt
4 tbsp. butter or margarine
2 cups water

Serves 10 - 12

Method

Preheat oven to 450F/230C/gas 8
Combine all ingredients in 4 quart (US) casserole.
Cover and bake for 1 hour. Uncover and continue
baking for a further hour, stirring occasionally
until all ingredients are tender and the water has
evaporated.

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Compiled, designed and produced by Stan Rose for British-Jewry

Recipe No.
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